

FOR NON-PROFIT ORGANIZATIONS

WE ORGANIZE AND CONDUCT COURSES AND SUPERVISIONS

We organize educational courses for coordinators of volunteers. It is a cycle of courses focused on management of volunteering. The course is accredited by the Ministry of Labour and Social Affairs as a part of lifelong learning of social services workers. Another cycle of courses is aimed at supervision in professions of helping others. The courses are organized several times a year, current course dates are to be found at the web page www.hest.cz.



WE INSURE VOLUNTEERS

Another of our services to non-profit organizations is mediation of insurance for volunteers. These are a few insurance policies for accident insurance, liability insurance for damage caused by volunteer and damage caused to volunteer while volunteering, also under the conditions of Volunteer Service Act. It can be arranged as long-term (for whole year) and short-term (for several days) insurance. We insure also volunteers helping within zoo-therapy.

WE SERVE AS AN UMBRELLA ORGANIZATION FOR VOLUNTEERING

In 2001, the International Volunteering Year, we participated in preparation of the Volunteer Service Act, now we are participating in preparation of new Volunteer Act. We cooperate with international volunteer organizations and organize annual thematic conferences dedicated to various volunteering aspects.

We started up a range of volunteering projects focused on children, youth, patients, seniors and unemployed in the Czech Republic and Slovakia. We aided to establish many volunteer centres. We collaborate methodically with almost a hundred of organizations within the Volunteering Initiatives Coalition. Our main aim is support of volunteering as an instrument for communities development thus cooperation of citizens, public administration and other types of non-profit and commercial organizations.

” We believe that through our activity we help to moral and civic rehabilitation of the Czech society.

FOR COMPANIES

WE SUPPORT EMPLOYEE VOLUNTEERING PROGRAMS

We have devoted to employee volunteering since 2002. Through corporate volunteering commercial and non-profit sector meet naturally. And when these two poles get together to create something useful they find out that they are not so different and they have a lot in common!

We help companies to establish employee volunteering programs and to ensure individual and team volunteering. We show benefits of corporate volunteering to managers and motivate employees to unselfish help in company surroundings. Every year hundreds of employees from companies around the Czech Republic are engaged in volunteering activities thanks to our “Day for NGO” volunteering program.



What is on your mind when “volunteer” is said?

“A man who knows that he is not alone in this world.”

What is on your mind when “non-profit organization” is said?

“People who are driven by the desire to help others.”

What is your experience from volunteer help?

“Escape from the matrix of business sphere to reality. And a bit of pleasure for the soul that you left something visible behind you.”

MARKÉTA STRŽÍNKOVÁ responded, directress of Atradius Credit Insurance N.V. Company



WARNING:
Volunteering
is highly
addictive!



You will spark
for volunteering

For more than 20 years we devote to development, support and promotion of volunteering. Good interpersonal relationships in our society and willing to unselfish help to others are always driving force for our work.



FOR VOLUNTEERS

WE CHOOSE VOLUNTEERS AND EDUCATE THEM IN OUR VOLUNTEERING PROGRAMS

Five P: Friendship, Help, Prevention, Support, Care
Since 1996 we have run the 5P volunteering program dedicated to preschool age children. The 5P program is based on long-term friendly relationship of a child and an adult volunteer. It offers help to children who search friends with difficulty due to their healthy, family, educational, social or other disadvantages. The program involves summer camp and one-time activities for program participants.

KOMPAS: Communication, Partnership, Cooperation
COMPASS social-preventive volunteering program supports communication and social skills, worthy spending of free time and friendship in a group for school age children in need. It has taken place in Prague since 2009 in form of meetings of a friendly group where three volunteers devote to maximum of eight children.

3G – Three Generations

Since 2011 the 3G – Three Generations volunteering program has tried to create positive long-term relationship between a volunteer 50+ and a child, eventually its family. It supports inter-generational cohabitation, solidarity and cohesion between generations. The 3G program came into being in HESTIA and it is being successfully expanded to other centres in the Czech Republic.

WE HONOUR AND MOTIVATE VOLUNTEERS

Křesadlo Award – ‘Award for ordinary people doing extraordinary things’

We have awarded Křesadlo Volunteer Award since 2001. Every year we award almost one hundred of volunteers in cooperation with volunteer centres in ten cities or regions in the Czech Republic. ‘Award for ordinary people doing extraordinary things’ serves like an encouragement for volunteers to keep on helping and giving a joy to others but at the same time it is also a presentation of non-profit sector and its significant role in the society.



” Volunteers help to strike sparks of humanity.

WE CONNECT VOLUNTEERS AND ORGANIZATIONS TOGETHER

We make it easier for volunteers to find suitable organizations, we inform of possibilities of volunteering activity and we offer a library for studying.

” Volunteering is a unique opportunity to fulfil other people’s dreams and to approach to fulfil the own ones.”

MARTIN SRB, one of volunteers honoured by the Křesadlo Award

We run www.dobrovolnik.cz and www.volunteer.cz portal, informative website about volunteering and volunteering programs. Volunteering opportunities database in the Czech Republic and abroad is part of this website. Thanks to it we present to those interested in volunteering opportunities of volunteering in hundreds of organizations and we provide space for presentation of activities of organizations and their needs in cooperation with volunteers. We help to arrange departures of Czech volunteers abroad within the European Volunteer Service Program.

WE PROMOTE VOLUNTEERING

We prepared dozens of articles, radio and TV documents, guidelines and publications for lay and professional public. We collaborate with media and appear in radio and TV. We gain space for volunteering in media that the volunteering deserves undoubtedly!

GET TOGETHER WITH US!

HESTIA

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Methodological and Educational Centre

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Národní
dobrovolnické
centrum

Metodické
a vzdělávací
centrum

Mentoringové
dobrovolnické
programy



SUPPORT US!



Are you interested in volunteering and do you think it is important for our society? Support our activity through Darujme.cz or at our bank account **2700310906/2010**.

WE THANK our kind individual and corporate donors and our permanent institutional partners (Ministry of Interior, Ministry of Labour and Social Affairs, Ministry of Education, Youth and Sports and Prague City Hall).

We thank all who help us to fulfil our mission through their support and favour.